

DATE \_\_\_\_\_ CREATIVE \_\_\_\_\_

# 10 minute journaling



ONE THING I WANT TO REMEMBER ABOUT THIS CREATIVE JOURNEY

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TODAY I FELT... EXCITEMENT, FRUSTRATION, JOY, SELF-DOUBT, INSPIRED, OVERWHEM, FEAR, CALM

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PROCESS PROGRESS, TRACK YOUR JOURNEY AND CELEBRATE ACCOMPLISHMENTS.

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